


October 2010

Monday	Tuesday	Wednesday	Thursday	Friday
Menasha Senior Center 920-967-3530		Unless otherwise noted, a fee may be required for certain classes and activities. *FEE		1 10:00 Wii 11:20 Meals 12:00 Quilting 12:00 Stitching 12:30 Hand & Foot
4 9:00 Computer Class * 9:30 Line Dancing * 11:20 Meals 12:30 Scrabble 1:00 Men's Cards 1:00 Bridge	5 10:00 Wii Bowling 11:20 Meals 12:00 Yopilates exer. * 12:30 Penny Ante Poker 1:30-3:00 Blood Pressure Screening 4:00 Zumba Gold *	6 9:30 Line Dancing * 10:00-11:00 Silver Sneakers MSROM * 11:00 You Can Do It 11:20 Meals 12:30 Texas Hold 'em 12:30 Shuffleboard	7 FLU SHOTS 7:45 Committee on Aging 8:30 Oil Painting 9:30 Planning Committee 11:20 Meals 12:30 Cribbage 1:00 Bridge 4:00 Zumba Gold *	8 10:00 Wii 11:20 Meals 12:00 Quilting 12:00 Stitching 12:30 Hand & Foot
11 9:00 Computer Class * 9:30 Line Dancing * 11:20 Meals 1:00 Men's Cards 1:00 Bridge	12 10:00 Wii Bowling 11:20 Meals 12:00 Yopilates exer. * 12:30 Penny Ante Poker 1:30-3:00 Blood Pressure Screening 4:00 Zumba Gold *	13 9:30 Line Dancing * 10:00-11:00 Silver Sneakers MSROM * 11:00 You Can Do It 11:20 Meals 12:30 Texas Hold 'em 12:30 Shuffleboard	14 8:30 Oil Painting 11:20 Meals 12:30 Cribbage 1:00 Bridge 4:00 Zumba Gold *	15 10:00 Wii 11:20 Meals 12:00 Quilting 12:00 Stitching 12:30 Hand & Foot
18 9:00 Computer Class * 9:30 Line Dancing * 11:20 Meals 12:30 Scrabble 1:00 Men's Cards 1:00 Bridge	19 9:00 Newsletter Assembly 10:00 Wii Bowling 11:20 Meals 12:00 Yopilates ex. * 12:30 Penny Ante Poker 1:30-3:00 Blood Pressure 4:00 Zumba Gold *	20 9:30 Line Dancing * 10:00-11:00 Silver Sneakers MSROM * 11:00 You Can Do It 11:20 Meals 12:30 Texas Hold 'em 12:30 Shuffleboard	21 8:30 Oil Painting 11:20 Meals 12:30 Cribbage 1:00 Bridge 1:00 VNA Foot care 4:00 Zumba Gold *	22 10:00 Wii 11:20 Meals 12:00 Quilting 12:00 Stitching 12:30 Hand & Foot 3:00-7:00 Rummage Sale (8:00am-1:00pm Saturday)
25 9:00 Computer Class * 9:30 Line Dancing * 11:20 Meals 12:30 Card Making 1:00 Men's Cards 1:00 Bridge	26 10:00 Wii Bowling 11:20 Meals 12:00 Yopilates exer.* 12:30 Penny Ante Poker 1:30-3:00 Blood Pressure Screening 4:00 Zumba Gold * HALLOWEEN PARTY!	27 9:30 Line Dancing * 10:00-11:00 Silver Sneakers MSROM * 11:00 You Can Do It 11:20 Meals 12:30 Texas Hold 'em 12:30 Shuffleboard	28 8:30 Oil Painting 11:20 Meals 12:30 Cribbage 1:00 Bridge 4:00 Zumba Gold *	29 10:00 Wii 11:20 Meals 12:00 Quilting 12:00 Stitching 12:30 Hand & Foot